

LEARNING AIM

Elements creates opportunities for positive development.

Non-institutionalised learning is essential for personal growth and Elements achieves this through positive outdoor learning experiences.

Elements encourages wellbeing through a healthy mind and body.

Physical and mental wellbeing is vital for a happy and successful life. Elements provides experiences that encourage physical and mental wellbeing.

Elements is nature based.

Being in nature for extended periods has positive benefits which Elements uses to revitalise interconnectedness to natural environments.

Elements develops curiosity and wonder.

Outdoor experiences increase curiosity and wonder which help develop creativity and a tolerance to ambiguity. Elements generates these to help people achieve their potential.

Elements encourages adventure.

Learning should be challenging and exciting. An appropriate stretch can increase confidence to embrace uncertainty and thrive in new situations. Elements provides adventures that contribute to personal achievement.

Elements is a transitional experience.

The transition to independence is a critical one. Elements provides a safe space for young people to develop responsibility for one's self and others.

Elements enables social learning.

Spending time with others in nature is a key way to create lasting friendships and Elements helps by developing social learning in a natural and unforced way.

Elements is more than activities.

Learning occurs from doing activities but also emerges during quiet and contemplative moments. Elements provides both.

Elements creates freedom for higher learning.

Freedom is the highest and most elusive aim of learning. Elements creates the time and space for young people to feel, think and act freely. This is vital for developing imagination and positive personal growth.